

Costa Rica Exkursion

Reiseverlauf

Date	Description	
Tag 1	Flight from Frankfurt (Bsp.) to San Jose Airport pickup Dropoff in San Jose at Costa Rica Guesthouse	2x night in San Jose (F)
	You will meet your English speaking tour leader/naturalist guide at the hotel	
Tag 2	Visit of Poás Volcano with tour leader/guide, entrance fee is not included (10 USD per person)	
	Lunch at Doka Estate Doka Estate Coffee Tour at 1:30 PAM (2 hours tour) Tour includes: Entrance fee, Butterfly Garden, Bonsai and Orchid Exhibition, Sugar Mill and guided coffee tour, coffee tasting and coffee liqueurs, chocolates and treats, Buffet Lunch. What to bring: Suntan lotion, hat, comfortable shoes and camera Driving time from Poas Volcano to the Doka Estate takes approx. 20 minutes	
Tag 3	Visit of the Humanitarian Foundation at Irazu Best Western at Puente Juan Pablo Duration of the visit: 3 - 3 1/2 hours Includes: talk, walkabout, debriefing and theater presentation by the women and the opportunity to buy crafts. What to bring: closed shoes, sunscreen and insect repellent. protect arms from sun exposure by wearing a shirt with short sleeves but not sleeveless. Bottle of water	1x night in Quetzal Valley (F)
	Drive from San Jose to San Gerardo de Dota	
	Check in at Hotel	
Tag 4	Check Out Hotel Quetzal	1x night in Uvita
	Short hike in the morning with tour leader/guide before leaving to Uvita at around 6:30 AM	
	Drive from San Gerardo de Dota to Uvita at around 9:00 AM Driving time approx. 2.5 hours	
	Check in	
	Whale & Dolphin Watching & Snorkeling Tour at 1:00 PM at Ballena Aventura oficina Includes: bottled water, fruits, bilingual naturalist guide, park entrance, snorkel equipment and life jackets. What to bring: Swimming suit on, sunscreen, hat, long sleeve shirt/rash guard to cover your back, camera, change of clothes, towel	
Tag 5	Check out	1x night in Tarcoles (F)
	Drive from Uvita to Tarcoles with stop on the way to visit a palm oil and sugar cane plantation Please note that there is no reservation for these visits, so the guide will see if it will be possible to visit these plantations	
	Check in	

Tag 6	Check Out	1x night in Rincón de la Vieja (F)
	Drive from Tarcoles to Rincón de la Vieja at around 7:00 AM Driving time approx. 3 ½ to 4 hours	
	Walk in the National Park with the tour leader/guide to see the fumaroles and boiling mud pots and hike through the dry forest What to bring: sunscreen, hat, hiking shoes and camera	
Tag 7	Check out	1x night in Guayabo (F)
	Drive from Rincón de la Vieja to Guayabo Driving time approx. 15 minutes	
	Tour of windcraft factory near Guayabo at 8:00 AM (duration of tour: approx. 1 hour)	
	Drive from Guayabo to Tilaran Driving time approx. 2 hours	
	Visit of hydroelectric power station lake Arenal at 1:00 PM duration approx. 1 1/2 hours Clothing restrictions: Please DO NOT WEAR shorts, dress, high heels, sandals and tank tops	
	Drive from Tilaran to Arenal/La Fortuna Driving time approx. 2 hours	
Tag 8	Butterfly Conservatory tour at El Castillo at 8:00 AM (2 1/2 hours) Tour includes: students will learn about the incredible butterfly life cycle, see how we raise these beautiful creatures in our butterfly laboratory. We will also discuss the uniqueness of specific butterflies and plants found in each of our 4 ecological habitats. And will also learn about exotic frogs, our botanical gardens and medicinal herb areas, along with our reproduction greenhouses, and walk into the rainforest River Walk and around Butterfly Creek. What to bring: Hiking shoes, sunscreen, binoculars and camera	
	Short hike with tour leader/guide to the lava flow site in the National Park (entrance fee is not included ~\$10 per person)	
	Arenal Hanging Bridges with tour leader/guide at 4:00 PM, Includes: entrance fee What to bring: Insect repellent, camera, binoculars, trekking shoes and a flashlight	
Tag 9	Check out	1x night in Rainforest (AI)
	Drive from Arenal/La Fortuna to Tirimbina Rainforest Departure at around 7:00 AM Driving time approx. 1.5 hours	
	Check in	
	Walk through the trails of Tirimbina Reserve in the morning with your tour leader/guide	
	Chocolate tour at 3:00 PM at Tirimbina Rainforest What to bring: closed shoes or boots, water, insect repellent, poncho or	

	umbrella, binoculars and camera.	
Tag 10	Check out	1x night in Pavona Port (AI)
	Drive from La Virgen de Sarapiquí to Pavona Port Pick up at La Pavona port is at 11:00 AM Driving time approx. 2.5 hours	
	Check in	
	In the afternoon visit of Tortuguero Town and Caribbean Conservation Corporation (entrance fee of \$2 pp is not included)	
	Boat Tour through Tortuguero canals in the morning at 5:30 AM Afternoon to relax or to explore the area on your own...	
Tag 11	Check out and transfer by boat to Moín	2x night in Bananito (F)
	Drive from Moín to Bananito Driving time approx. 20 minutes from Limón	
	Banana Tour in Bananito at 11:00 AM Basically covers three aspects: history, farming and packing. Tour takes approx. 90 minutes	
	Limón City tour with tour leader depending on time	
	Drive from Limon to Punta Uva Driving time approx. 1 hour	
	Check in	
Tag 12	Walk through Cahuita National Park with tour leader/guide at around 7:00 AM Entrance fee to the national park not included	
Tag 13	Check out	1x night in San Jose (F)
	Drive back to San Jose at around 6:30 AM Driving time approx. 5 hours	
	Check in	
	Barrio Bird Walking City Tour (2 hours and 1 hour guided museum tour with entrance included) Pickup at 1:00 PM Includes 2-hour walking city tour + 1-hour guided museum tour and museum admission	
Tag 15	Check out	
	Airport dropoff Dropoff in Alajuela International Airport	
Tag 16	Arrival in Germany	